



2024 MPO/MSO Overnight Retreat
Student Brochure



2/17/24 -
2/18/24

Retreat Schedule

Day 1 - Saturday, February 17

8:15 - 8:45 AM	Student check-in at Hammerschmidt Chapel lobby
9 - 10 AM	Team-building/wake-up activities in Hammerschmidt
10 - 11:30 AM	Sectionals MSO: Hammerschmidt Main Hall - Led by Eun Kim MPO Strings: Room 18 - Led by Eleanor Bartsh MPO Winds: Room 5 - Led by Kumiko Nowlan
11:45 - 12:15 PM	Lunch (Downstairs)
12:15 - 2:15 PM	MSO rehearsal (Room 18) - Led by Eun MPO rehearsal w/ soloists (Main Hall) - Led by Taka
2:30 PM	Store instruments Leave for Elmhurst Metra station
3:13 PM	Board Metra for Chicago
3:50 PM	Arrival in Chicago
4:10 PM	Check into hotel rooms, change into CSO dress Hotel: Hampton Inn Majestic Chicago (22 W. Monroe St)
4:45 PM	Leave for Museum of Illusions (25 E. Washington St)
5:50 PM	Leave for Berghoff Restaurant (17 W. Adams St)
7 PM	Leave for Symphony Center (220 S. Michigan Ave)
7:30 PM	CSO Concert - Program: Beethoven - Leonore Overture No. 3 Elgar Cello Concerto (ft. Sheku Kanneh-Mason) Nielsen - Symphony No. 5
10:30 PM	Room check

Retreat Schedule

Day 2 - Sunday, February 18

7-9 AM	Breakfast in hotel
9:30 AM	Check-out and leave hotel
10 AM	Group photo on the way
10:40 AM	Metra leaves for Elmhurst
11:12 AM	Arrival in Elmhurst Retrieve instruments
11:45 AM	Jay Friedman Masterclass in Main Hall
1-1:45 PM	Lunch (Downstairs)
2-4 PM	MPO Dress Rehearsal w/ Guests and Soloists
3-4 PM	MSO Dress Rehearsal
5 PM	Concert Starts

Dress Code

Either day: MPO retreat T-shirt

CSO Concert: Casual/business casual

MCCC Concert: Black tux w/ white dress shirt, black bow tie, black shoes, black socks or all-black attire, black socks, black shoes.

Instruments and Luggage

All instruments will be stored overnight at Elmhurst University in a secured/locked room.

Tuxedos can also be left in this room. Please label your own items IN ADVANCE to avoid confusion!

Students should not bring large bags (i.e. suitcases) for the overnight portion.

Student Conduct

We are all representing MPO! Please behave appropriately throughout the retreat. If you witness inappropriate behavior or need help with anything, please talk to a retreat staff member. For emergencies, please call Matthew Nowlan (630-347-7337) or Brian Hoffman (336-420-0764)

Retreat Staff

Matthew Nowlan, Retreat Coordinator (Marketing & Events Director)
Brian Hoffman, Chaperone (Executive Director)
Taka Matsunaga (MPO Music Director)
Eun Kim (MSO Music Director)
Kumiko Nowlan, Chaperone (Winds Advisor)
Aaron Marin, Chaperone (Orchestra Operations Intern)
Grace Valentine, Chaperone (MSO Advising Intern)

Jay Friedman, Masterclass Clinician
Principal Trombone of Chicago Symphony Orchestra
Eleanor Bartsch, Strings Sectional Clinician
Assistant Concertmaster of Elgin Symphony Orchestra

Jay Friedman

Jay Friedman joined the Chicago Symphony Orchestra as assistant principal trombone in 1962 under Fritz Reiner and was appointed principal in 1965 by Jean Martinon. He attended Yale University on a scholarship and later majored in composition at Roosevelt University. Prior to joining the CSO, he spent four as a member of the Civic Orchestra of Chicago and two years with the Florida Symphony. He has been a soloist with the CSO on several occasions, starting in 1969 with Bloch's Symphony for Trombone and Orchestra and Creston's Fantasy for Trombone and Orchestra in 1976 with Sir Georg Solti conducting. In 1991, he performed the world premiere with Solti and the CSO of Ellen Taaffe Zwilich's Trombone Concerto, written especially for him and commissioned by the Edward Schmidt Family Foundation. In 2018, Friedman, along with his fellow section members, gave world premiere performances of Jennifer Higdon's Low Brass Concerto with Riccardo Muti at Orchestra Hall and in tour performances at Carnegie Hall and several other venues.

An active conductor, Friedman was named music director of the Symphony of Oak Park & River Forest in 1995. In 2002, he was chosen Conductor of the Year by the Illinois Council of Orchestras. Friedman's conducting career has included guest appearances with orchestras around the world, including the Orchestra of the Italian Radio (RAI), Malmö Symphony and Chicago Symphony Orchestra's annual donor concerts. In 2010, Friedman conducted Mahler's Eighth Symphony (Symphony of a Thousand) at Symphony Center, with the Symphony of Oak Park and River Forest, the choirs of the Symphony of Oak Park and River Forest, Chicago Concert Chorale, Concordia University and the Oak Park Children's Choir. Other guest conducting appearances include those with the Louisiana Philharmonic, Berlin Staatskapelle, Zurich Opera and National Orchestra of Mexico, among others. At the invitation of Riccardo Muti, he conducted Glière's monumental Symphony No. 3 (Ilya Murometz) in 2016 with the Civic Orchestra of Chicago, and in 2017 Mozart's Haffner Symphony and Bruckner Symphony No. 7. In 2018, he conducted the Civic Orchestra Brass in Wagner's Ring Cycle and in 2019, led Sibelius's Lemminkäinen Suite and Wagner's preludes to Lohengrin, Tristan and Isolde and Parsifal with the Civic Orchestra of Chicago.